

Ready, Set — Learn!

Engage in **Active Learning** with Fizika



Applying research findings that demonstrate the impact of physical activity and nutrition on academic performance, Fizika provides innovative educators with new ways to ensure their students are ready to learn.

Fit bodies lead to fit brains, boosting student success.



Re-energize your program by becoming the go-to person in your school for a coordinated approach that combines strategically placed HPE programming with classroom activities that enhance focus and improve student attention.

We call this approach **Active Learning**, and we are committed to helping you become the **Active Learning Specialist** in your school!

Active Learning Strategy

- Build a strong foundation with a quality health and PE curriculum.
- Utilize the latest classroom technology, equipment and programming to enhance the learning process.
- Work with students to strategically position the right physical activity before their most challenging classes.
- Energize classrooms by working with teachers to include scheduled activity breaks to improve student focus and ensure they are more ready to learn.
- Target active learning strategies for students not performing at grade level.



How Fizika Can Help

Fizika Presentations & Workshops

Include your administrative team — we will help you build a vision and develop a sustainable plan for Active Learning.

Re-energize Health and PE

We have researched the marketplace to find the best and most cost-effective technology, equipment, curriculum and activity break ideas.

Fund Your Program

Always on the lookout for grant opportunities, we will work with you to develop fund raising and sponsorship ideas that get results. Also visit

www.fizikagroup.com/grantseeking



Professional Development

Become your school's Active Learning Specialist. Fizika is developing CEU and graduate level credit courses to help build your resume.

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